

Welcoming divers aged between eight and 80, the Centre offers a great range of diving lessons and trial sessions for anyone interested in the underwater world of diving. For those who have always wanted to have a go, but never had the opportunity, Try Dives are available for just £25. Rather than just a quick splash about, you'll spend a whole hour with one of the Centre's experienced diving instructors, who are there to ensure you get the most out of the session.

As a keen and experienced scuba diver, Mike is passionate about the sport, he says: "I've been diving for four years now, after my partner bought me diving lessons as a birthday present. I've always been fascinated by the water and been a keen swimmer and sailor, so it really suited me and it's great fun."

As diving puts a great deal of pressure on the body, it's essential that anyone wishing to take part completes a self-medical questionnaire, provided as part of the diving package, before they hit the water. This simple questionnaire is designed to make sure you are fit and healthy, and have no underlying health conditions that may affect your ability to dive, such as asthma.

The Chesterfield Adventure Centre offers a full range of PADI - Professional Association of Diving Instructors - approved courses, including:



- Trial Scuba Lessons Open Water Referral Course
- Open Water Diver

## **Advanced Courses**

• Advanced Open Water Diver • Advanced Open Water

Mike and the team are able to provide lessons which are flexible, in order to suit the needs of the customer, and all equipment, including cylinders and masks, is provided by the Centre.

There are also a range of lessons especially designed with children in mind, such as the Bubblemaker, which aims to introduce kids to the technique of breathing underwater. The PADI Seal Team is also specifically for young divers who looking for an exciting and adventurous programme, and also incorporates Aqua Missions.

Mike and the team are always keen to encourage others to have a go and join in the fun, he says: "We offer a friendly, professional service that's run by volunteers who are passionate about what they do. We're here to offer expert advice on training and equipment, and we always deliver what's required. We never cut corners on training because we recognise the importance of being safe and feeling safe in the water. There's nothing like seeing the smile on someone's face when they've just qualified, it makes my job all the more enjoyable."

The Centre also have an active social club, which caters for divers and non-divers, making it great for all the family. Scuba diving holidays are planned, both inside and outside the UK, and are designed with the whole family in mind, accommodating the needs of divers and non-divers alike. Mike says: "It's a great place to make friends, there's a really welcoming atmosphere and we strive to make sure everyone feels at home."

Mike is currently organising a diving holiday in Egypt for February 2010, which is ideal for those who want the chance to dive in warmer waters and glimpse a wonderful variety of fish.







To discover more about diving and diving holidays, go to <a href="www.divenut.co.uk">www.divenut.co.uk</a>
To book a diving lesson at the Chesterfield Adventure Centre, call 01246 245408.

Chesterfield Adventure Centre, Wheatbridge Road, Chesterfield S40 2AB

Whether you're looking for a brand new way to keep fit or want a fun and exciting hobby, make 2010 the year you learn to dive. Discover the fascinating underwater world with the Chesterfield Adventure Centre - Aspire's choice for Dive Centre of the Year.

Established in May 2006 by keen diver, Mike Hutson, the Centre is well-equipped to cater for divers of all abilities and is run completely by volunteers, who can train anyone from complete beginners to experienced divers looking to gain further qualifications. Aspire have been so impressed with the facilities and training available, we recently awarded Chesterfield Adventure a Certificate of Recognition for Dive Centre of the Year.

## Chesterfield Adventure Centre

# The Dive Of Your Life

The majority of the diving takes place at the Queen's Park Sports Centre and having just undergone a £1 million refurbishment, it will now offer first-class facilities for 2010. The Chesterfield Adventure Centre was created to meet the growing demand for diving facilities within Chesterfield, as Mike explains: "Before this there were no diving facilities in the area, so I created the Centre in response to that. As a member of a local diving group, I thought it would be good to offer facilities for established divers, as well as learners and children."

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of fun. The Centre also boasts a dive shop, stocking all the diving gear you could possibly

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As diving puts a great deal of pressure on the body, it's essential that anyone wishing to take part completes a self-medical questionnaire, provided as part of the diving package, before they hit the water.

The Chesterfield Adventure Centre offers a full range of PADI – Professional Association of Diving Instructors - approved courses, including:

• Trial Scuba Lessons • Open Water Referral Course • Open Water Diver

- Advanced Open Water Diver Advanced Open Water Diver plus Three
- Rescue Diver Master Scuba Diver Professional Courses Divemaster
- Assistant Instructor Scuba Instructor Instructor MSDT EFR Instructor Speciality Instructor Staff Instructor Master Instructor

There is also Emergency First Response training available and the Centre's team currently train staff for Wincanton for Sainsbury's, Wincanton Construction and Wincanton for Tesco. In 2010, they are hoping to work closely with Wincanton Training Solutions to train many other Wincanton subsidiaries. Visit www.emergencyfirstresponse.com to find out more about the training and how the Centre can help you.

When it comes to learning, Mike is able to provide lessons which are flexible, in order to suit the needs of the customer, and all equipment, including cylinders and masks, is provided by the Centre. Mike says: "As a team, we're here to offer expert advice on training and equipment, and we always deliver what's required. We never cut corners on training because we recognise the importance of being safe and feeling safe in the water.'

There are also a range of lessons especially designed with children in mind, such as the Bubblemaker, which aims to introduce kids to the technique of breathing underwater. The PADI Seal Team is also specifically for young divers, aged between eight and 12, who are looking for an exciting and adventurous programme, and also incorporates Aqua Missions.

The New Year certainly looks set to be a busy one for Mike and the team, as they will be launching a brand new online shop in January. Like the real shop, the online version will also be stocking a wide range of diving gear, including wetsuits, flippers and goggles.

Mike is currently organising a diving holiday in Egypt for February 2010, which offers a great opportunity for those who want the chance to dive in warmer waters and glimpse a wonderful variety of fish that can't be found in British waters. There will also be a diving holiday in Cornwall during the Easter holidays.

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